

## **Text Messaging Privacy Policy**

Effective Date 12/23/24

By providing my phone number, I consent to receive SMS text messages from **Body Rebuilders Physical Therapy** for appointment reminders and general two-way communication. Msg frequency varies. Msg&data rates may apply. Reply HELP for support. Reply STOP to opt out.

### **Information We Collect:**

When you opt in to receive SMS messages, we collect:

- Your phone number
- Consent to send SMS messages

### **How We Use Your Information:**

We use your information to:

- Send you the SMS messages you've opted in to receive
- Provide updates or other relevant content based on your preferences

### **Sharing Your Information:**

We do not share your phone number or SMS opt-in information with third parties for marketing purposes.

### **Your Rights:**

You can opt out of receiving SMS messages at any time by replying with "STOP" to any message we send you.

### **Data Security:**

We implement reasonable measures to protect your personal information from unauthorized access or disclosure.

### **Contact Us**

If you have questions or concerns about our privacy practices, contact us at 610-668-4055